

# Wentworth Public School Newsletter

## 2nd July 2008



Welcome back to Lilly and Steph after their week with the State Soccer Team. Well done.

A reminder that School Reports have gone home today; please check bags if it hasn't arrived.

We wish everyone a safe and happy holiday. School will resume on **Tuesday, 22nd July** for all students.

At our last P&C Meeting it was agreed to have the 150th School Celebration on the Queen's Birthday weekend in 2010. If anyone is aware of a major clash with another event on this date, please let the school know as soon as possible.

### **STAFF CHANGE**

Mrs Owen has decided to take leave for the remainder of the year before taking up her new appointment. We wish her well and thank her for guiding our students' education over the past three years. Good Luck.

Warren Davies  
Principal

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## NEWSLETTERS ON THE NET

A compressed version of the School Newsletter is available on the School's Web page:

[www.wentworth-p.schools.nsw.edu.au](http://www.wentworth-p.schools.nsw.edu.au)

## FOOD TIPS

### COMBATTING CHILDHOOD OBESITY STARTS AT HOME

Parents and carers are important influences on children's eating and exercise habits. There are some subtle life-style changes that can be made immediately that will have huge benefits to children's health.

Top tips for parents:

- Plan family activities to encourage children to stay away from the TV! Go out for a family bike ride or walk, or cook healthy meals together at home.
- Be a role model - kids will usually follow what you do more than what you say. If they see you enjoying physical activity and having fun, it will motivate them to be more active.
- Playing together is important. Help your child practise basic sporting and movement skills such as throwing and catching or kicking a ball.
- Remember that while exercise burns energy, feeding them junk food or sports drinks may mean they are still taking in more than they burn.
- And last but not least .... Make sure active children drink plenty of water!

## NUT BAN

As we have students who have a **SEVERE** allergy to nuts, children are requested not to bring any nuts or products containing nuts, in their lunches.

**Raised**  
**Responsibility**  
**and Values**

*The school values are;*

*Be polite and consider others*

*Show respect for everyone and everything*

*Be an active listener*

*Be honest in words and actions*

*Work and play safely*

*Have a go and stay on task*

## SCHOOL DISCO

The school disco will be held on **Thursday, 3rd July**. There will be a separate disco for infants and primary students. The infants disco will be held from **5-6pm** and the primary disco will be held from **6-7:30pm**. The theme for the night is 'Gangster'. There will be a \$2.50 entry fee, which will include a drink and a packet of chips. Glow Sticks will be available on the night from \$1.00. All profits made will go towards the Year 4/5 Swan Hill excursion. We look forward to seeing you all there.

## PREMIER'S SPELLING BEE

The Spell off was held last Thursday and thank you to all children who took part. The two students who will be representing our school in the Year 3/4 section are, Alex Smith and Ethan Langanke. In the Year 5/6 category, our representatives will be, Emily Hancock and Chloe Turner. Congratulations and good luck for your training for this event.

## SPORTS REPORT

Last week, Lilly Henderson and Steph Barkla travelled to Penrith to compete at the PSSA State Soccer Carnival. This is the first Barrier girls' team ever to compete in the State Soccer Carnival. It is a fantastic achievement to represent our region and the girls came up against the best in the State. Well done, girls!

## ATHLETICS CARNIVAL

The school athletics carnival will be run in Week 1 of next term, on **Friday, 25th July**. There will be a canteen available, thanks to the P&C. If you could volunteer your time to help out on the day, please contact the school. The high jump will be held prior to the carnival. We look forward to seeing you all there!

## ACTIVE AFTER SCHOOL SPORT

After School Sport will recommence in Term 3 on Tuesday and Thursday, commencing on, **Tuesday, 29-7-08**

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**P&C NEWS**

**Canteen News**

The following items **will not** be available this **Friday 4th July, 2008.**

- \* **Paddle pops**
- \* **Butter menthols or Ovalteenies**

**We will still have plenty of**

Icy sticks - .50c

Cruncha's - .70c

Calypso - .80c

Black liquorice - .15c

Milo bars - \$1.20

Red Liquorice -.10c

Sorry for any inconvenience.

**WENTWORTH SHIRE LIBRARIES - JULY SCHOOL HOLIDAY**

**ACTIVITES- THEME: NARNIA**

Ring the libraries for more information and bookings.

**Dareton Library, Wednesday, 9th July, 2pm-3pm. Phone: 50273258**

**Wentworth Library, Thursday, 10th July, 11am-12:00. Phone:  
50275060**

**Buronga Library, Friday 11th July, 2pm-3pm. Phone 50233078**

Bookings are essential

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## HOOK IN2 HOCKEY

Congratulations to all who participated in Sunraysia Hockey Association's first Hook in2 Hockey Program. Hook in2 Hockey will be held again next term.

The second program will commence on **Wednesday 23 July** and will run for 6 weeks, concluding on **Wednesday 27 August**. The time will again be **5:00pm—6:00pm**.

Returning players will pay a \$10.00 administration fee.

New players will pay \$40 and will receive the equipment pack of stick, shinpads and ball.

To register for Hook in2 Hockey for Term 3, contact coordinator, Alison Curry, ph. 5025 7155 or email [alisoncurry@ncable.com.au](mailto:alisoncurry@ncable.com.au)

## CLUB HOCKEY—SATURDAYS

Some of you may be interested in playing hockey with local club teams.

Under 13 Girls and Under 13 Boys competitions are played on Saturdays.

The times for each team vary from week to week, but games start at 8:30am, 9:45am, 11:00am and 12:15pm.

The season will finish at the end of Term 3 with **Grand Finals on Saturday 13 September**.

The four clubs are Koowinda, Rivaside, Wanderers and Waratahs.

If you would like more information about Under 13 Hockey, contact Alison Curry, ph. 5025 7155 or email [alisoncurry@ncable.com.au](mailto:alisoncurry@ncable.com.au)

# June / July / August / September

SUN	MON	TUE	WED	THU	FRI	SAT
29/6	30/6	1/7	2/7 NAIDOC Day 'E' Day	3/7 Disco K-2 5pm to 6pm 3-6 6pm to 7:30pm Cost: \$2.50	4/7 Canberra Ex- cursion Depos- its due. Canteen Term 2 Ends	5/7
20/7	21/7 Staff Development Day	22/7 All students commence Term 3	23/7 P&C 7:30pm	24/7	25/7 School Athlet- ics Carnival	26/7
27/7	28/7	29/7 UNSW Maths Competition After School Sports	30/7	31/7 After School Sports	1/8 Canteen	2/8
3/8	4/8	5/8 After School Sports	6/8 Talent Quest - 9:45am	7/8 After School Sports	8/8 Canteen	9/8
10/8	11/8	12/8 UNSW English Competition After School Sports	13/8	14/8 After School Sports	15/8 Canteen Murray Darling PSSA Athletics - Alcheringa Oval	16/8
17/8	18/8 Special Awards Assembly	19/8 After School Sports	20/8	21/8 After School Sports	22/8 Canteen	23/8
24/8	25/8	26/8 After School Sports	27/8	28/8 After School Sports	29/8 Canteen	30/8 Wentworth Show
31/8 Wentworth Show	1/9	2/9 After School Sports	3/9	4/9 Barrier Athletics Carnival After School Sports	5/9 Canteen	6/9
7/9 Year 6 leave For Canberra Excursion	8/9	9/9 After School Sports	10/9 Year 4-5 leave for Swan Hill	11/9 Emily Loves to Bounce Per- formance - Kinder-Year 3 After School Sports	12/9 Canteen	13/9
14/9	15/9	16/9	17/9	18/9	19/9 Canteen	20/9
21/9	22/9	23/9	24/9	25/9	26/9 Canteen Last Day of Term 3	27/9

**Joke!!**

**Q: What's  
invisible and  
smells like  
bananas?**

**A: *Monkey burps!***

**Infant Brain  
Teaser**

**Q: A: Which is  
biggest: a pond, a  
lake or an ocean?**

**Name:**

**Primary Brain  
Teaser**

**Q: A: What is  
the opposite of  
defend?**

**Name:**

Darling Street Wentworth

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